



FALL VIRTUAL TRAINING PROGRAMS

TRAIN WITH BRIANNE AND GUEST COACHES TO GEAR UP FOR THE UPCOMING HOCKEY SEASON. EACH PROGRAM WILL BE A GREAT COMPLEMENT TO ANY ON-ICE SESSIONS.

	PROGRAM	TIMING	DATES
A	IN-SEASON TRAINING GROUP: SKILLS AND ATHLETIC DEVELOPMENT AGES 7-10 \$176 + HST	MON. AND THURS. EVENINGS 4:30PM-6:00PM	AUG. 31, SEPT. 3, SEPT. 10, SEPT. 14, SEPT. 21, SEPT. 24, SEPT. 28, OCT. 1
B	IN-SEASON TRAINING GROUP: CONDITIONING FOCUS AGES 11-15 \$109 + HST	MON. EVENINGS 6:30PM-8:00PM	AUG. 31, SEPT. 14, SEPT. 21, , SEPT. 28,
C	HOCKEY INTELLIGENCE: TACTICS AND SKILLS AGES 11-15 \$109 + HST	THURS. EVENINGS 6:30PM-8:00PM	SEPT. 3, SEPT. 10, , SEPT. 24, OCT. 1
	FALL TRAINING SERIES PACKAGE AGES 11-15 \$176 + HST	COMBINATION OF B AND C PROGRAMS	

EMAIL INFO@JENNERHOCKEY.COM TO REGISTER