



SUMMER OFF-ICE TRAINING GROUP

**TRAIN WITH BRIANNE IN AN IN-PERSON SETTING.
SESSIONS WILL BE A COMBINATION OF HOCKEY SPECIFIC SKILL
WORK AND STRENGTH AND CONDITIONING.
A FUN, ENGAGING WORKOUT DESIGNED TO BUILD A STRONG
FOUNDATION FOR YOUNG ATHLETES!**

****TRAINING WILL BE CONDUCTED VIRTUALLY IF PUBLIC HEALTH MEASURES DO NOT
ALLOW FOR OUTDOOR GROUP TRAINING. (REFUNDS ARE NOT PROVIDED IF THE
PROGRAM OPERATES VIRTUALLY).**



PROGRAM	TIMING	LOCATION
DEVELOPMENT STREAM AGES 8-12 (ANY CALIBRE) \$176 + HST	MON. AND THURS. JUNE 7 - JULY 1 (8 SESSIONS) 4-5PM	OUTDOOR LOCATION IN OAKVILLE (TBD)
HIGH PERFORMANCE STREAM AGES 11-14 (REP PLAYERS) \$176 + HST	MON. AND THURS. JUNE 7 - JULY 1 (8 SESSIONS) 5:15-6:15PM	OUTDOOR LOCATION IN OAKVILLE (TBD)

EMAIL INFO@JENNERHOCKEY.COM TO REGISTER NOW AND CLAIM YOUR SPOT!